

Club Duties

If you are unable to fulfill
your duty,
**PLEASE FIND A
REPLACEMENT,**
then let the meeting chair
know.

Front of House:

July – Michelle Bulmer
August – Scott Manson

July 29, 2026

Front Door Greeters:

Denise Davidson &
Rebecca Chesham

Inspiration

Scott Manson

Introductions

Doug Ozeroff

Rotary Minute

Terry Gwilliam

50/50:

Dave Thompson

Sgt At Arms:

Valri Cunningham

Meeting Notes:

Scott Manson

August 5, 2026

Front Door Greeters:

Lesley Domino & Rob
Dodds

Inspiration:

Jill Mont

Introductions

Wayne Peddie

Rotary Minute

Ken Hammer

50/50:

Dave Thompson

Sgt At Arms:

Tyler Dakin

Meeting Notes:

Kris Rongve

August 12, 2026

Front Door Greeters:

Tyler Dakin & Tanya
Forbes

Inspiration:

Rod Mont

Introductions:

Hayley Poirier

Rotary Minute

Don Helgeson

50/50

Bill Brendon

Sgt At Arms:

Doug Ozeroff

Meeting Notes:

Hayley Poirier

Volume 31, Issue 4

Upcoming Programs

July 29, 2026 – Cindy Perez Lopez - The Educational Journey of a Student from
Guatemala

August 5, 2026 – Luke Kellerhals – Nepal Fundraising Initiative

August 12, 2026 -Jess Johnson and Adrienne Bennest – The Aging Brain: Concussion and
Fall Management

WELCOME

BBQ Fundraiser

THURSDAY AUG 27TH @ 6PM
NANAIMO CURLING RINK @ 106 WALL ST.

Come and celebrate the
returning Outbound
Students and welcome
our newest Inbounds.

There will be a silent
auction plus the student's
reflection presentations

Use the QR code to get your tickets or
visit <https://rotary-nanaimo.square.site/>

Tickets are \$30 & includes dinner
(\$15 for children under 12)

4 Clubs in Nanaimo
Rotary
Nanaimo, Daybreak,
North & Lantzville

rotary youth
exchange




Please send content and photos for the Weekly Wake-up to kellyraine@me.com

[Link to Daybreak Calendar...daybreakrotary.ca/events/](https://daybreakrotary.ca/events/)

Sunshine Committee reminder... A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Committee, Donna or Valri know, so that they can send out a card on behalf of the club. Thank you.

Club Member's Birthdays

None

Club Member's Anniversaries

July 30	Rod & Jill Mont
July 31	Caitlin Lundgren & Sten
July 31	Rob Dodds & Lara
August 1	Mike Holyk & Kari
August 2	Don Helgeson

Daybreak Donations

July 2026

Salvation Army: \$2500
Shelter Box
Venezuela: \$1500
Amarok Society: \$1000
SHEEP project: \$3000
YTD Donations: \$8000

July 22, 2026, Meeting – Notes by Hayley P., Photos by Abbie V.



President Rob M started our meeting right at 7:00 AM with a roaring edition of *O Canada*. Thank you, Rod M., for leading us.

Karin followed with an inspirational message, sharing a terrific quote about life—reminding us to *dance like no one is watching*. A lovely way to set the tone for the day.

Introductions were led by Bonnie, who welcomed guest Rotarian Derek Rickwood. Abbie introduced her fiancé, Nate, and Ken introduced our guest speaker, whom we would hear from later in the meeting.

A reminder was shared that breakfast meetings continue to be popular, and pre-purchasing breakfast is essential so our caterer can plan for accurate numbers.

Kris and Doug L had information to share and acted as the “warm-up act” for the day. They presented Past President Ev with a photo of our group, and she was clearly touched by the gesture.

Abbie and Nate stood to share that they are getting married at Camp Cailliet and are hoping to borrow two propane fireplaces and tanks. Many members immediately stepped up to help. Bonnie will send out an email to coordinate.



Guest Rotarian Derek Rickwood from the Nanaimo Downtown Rotary Club spoke about supporting the Silent Auction for the Rotarian Youth BBQ, a welcoming party happening on August 27. Tickets will be available soon—reach out for more information.

We welcomed Doug O home after his three-week trip north to Tuktoyaktuk. He brought back a beautiful memento from the President of the Rotary Club of Whitehorse Rendezvous, Susan Graves, and shared the meaning behind it.



Rod M then introduced our guest speaker, Erin Nichols, the Zero Waste Coordinator for the City of Nanaimo. Erin delivered an engaging and often humorous presentation on waste reduction. She shared how she has become more aware of her own consumption and emphasized the importance of education and mindset change.

Canada’s goal is to reduce waste by 50% by 2030, and Erin reminded us that everyone—individuals and businesses—needs to do their part. She explained the waste hierarchy and the concept of circularity, encouraging us to think about how items can be used more than once.

Rotary Contacts

Club President:

Rob Mawdsley

Past President:

Sheila Klassen

Vice President:

Doug Ozeroff

Club Secretary:

Bonnie Murrell

Club Treasurer:

Anna Jones

Club President Elect:

Terry Gwilliam

Club Services Director:

Denise Davidson

Fundraising & Funds

Allocation Director:

Tanya Forbes

International Services

Director:

Valri Cunningham

Member Services Director:

Karin Mattern

Public Relations &

Community Services

Director:

Jill Mont

Youth Services Director:

Graham Calder

Directors at Large:

Doug Lum

Duane Seibel

Bulletin Editor:

Kelly Raine

Program Chair:

Rod Mont

Assistant Governor Area 4:

Jodie Williams

District Governor 2025-2026:

Linda Kaye Briggs

RI President 2026-2027:

Olayinka Babalola

~~~~~ Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



A key takeaway from Erin's message was the importance of awareness, education, and understanding. She encouraged us to reach out to Regional Recycling Nanaimo, who accept almost everything (other than actual waste). Their website is: www.nanaimo.regionalrecycling.ca

Erin was well informed, her message was well received, and our group had plenty of questions for her. She welcomes follow-up inquiries.

Rob then steered us back to the rest of the agenda and reminded everyone to check their emails for important updates.

Dave shared a Rotary Minute about fellowship, encouraging members to come out when The Fellowship of the Rotating Taps meet, which is always a lot of fun. He also reminded us that Polio projects need to be brought back into focus.

We sang Happy Birthday to Dave and Rob D.

Tyler circulated Happy Bucks. Scott M has a fundraiser coming up—ask him for details.

Wayne P shared some very tough news about his wife; Pam. Members are encouraged to reach out to him with support and hugs.

We closed the meeting with the Four-Way Test.