

Club Duties

If you are unable to fulfill your duty,
PLEASE FIND A REPLACEMENT,
then let the meeting chair know.

Front of House:

February: Caitlin Lundgren

February 11, 2026

Front Door Greeters:

Ev Boegh & Bill Brendon

Inspiration:

Hillary Brown

Introductions:

Natalie Cuthbert

Rotary Moment:

Kris Rongve

50/50:

Jodi Rogers

Sgt At Arms:

Scott Manson

Meeting Notes:

Kris Rongve

February 18, 2026

Front Door Greeters:

Hillary Brown & Graham Calder

Inspiration:

Natalie Cuthbert

Introductions:

Denise Davidson

Rotary Moment:

Duane Seibel

50/50:

Jodi Rogers

Sgt At Arms:

Doug Ozeroff

Meeting Notes:

Hayley Poirier

February 25, 2026

Front Door Greeters:

Denise Davidson & Rob Dodds

Inspiration

Bill Brendon

Introductions

Lesley Domino

Rotary Moment

Kirsty Savic

50/50:

Dave Thompson

Sgt At Arms:

Graham Calder

Meeting Notes:

Scott Manson

Upcoming Programs

February 11th – Cheryl Ann Kelly – Nanaimo Search and Rescue

February 18th – Rotary Committee Reports

February 25th – Baby Bundle -Verena Munnion, Nicole Flewelling

We have a new home! Starting February 11, we will be meeting in the Monarch Rooms at Oliver Woods Community Center. Details in the meeting minutes.



Please send content and photos for the Weekly Wake-up to kellyraine@me.com

Link to Daybreak Calendar...daybreakrotary.ca/events/

Sunshine Committee reminder... A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Committee, Donna or Valri know, so that they can send out a card on behalf of the club. Thank you.

Club Member's Birthdays

Kelly Raine – February 10

Jill Mont – February 11

Club Member's Anniversaries

None

January 28, 2026 - Notes by Scott Manson, Photos by Abbie Vomacka and Rod Mont



Sheila clanged the bell to start our cozy meeting at the Rotary Field House. The start was slightly delayed due to the late coffee arrival by the McDonald's "Oops, we forgot to make your prepaid and pre-ordered coffee" crew.

Rod played O Canada, and we all sang along!

Ken gave the inspiration, and Jeff called for introductions. They were:

- Jill introduced Antosia, our RYE student visiting from Poland.
- Duane introduced his friend Nancy
- Bill introduced our Guest Speaker, Sharon, from Elderdogs.

Next up, some new roles for some of our members: Kelly will be the new Weekly Wake-Up Editor, replacing Rod. Rod now is the new Programming Coordinator, replacing Denise L.

Doug O then delivered some exciting news about our new breakfast meeting location: Oliver Woods Community Centre!!! Starting NEXT WEEK, we will be served the "Harrison Breakfast" for \$22.

Some rules around the new breakfast format:

1. You MUST sign up in advance for breakfast meetings, BEFORE MONDAY NIGHT AT 7PM!
2. The link for breakfast sign-up is on our website.
3. Existing Coffee Card holders will pay an extra \$2 per coffee until your card is used up.
4. "BREAKFAST BY HARRISON" WILL BE ON THE FIRST AND THIRD WEDNESDAYS OF EACH MONTH.
5. Second and fourth Wednesdays will be a \$7 admission cost and will include coffee and some pastries.



The floor was opened for questions, and there were a lot of them! Poor Doug got a bit flummoxed by the barrage! Mike H. summarized the question period by asking: "Why is the sky blue?"



Next, Kris introduced our Guest Speaker, Sharon, from Elderdog Canada. Kris recounted the story of her mom having a fall and being unable to take her dog for a walk. This is how she met Sharon, who is a founding member of Elderdog. Sharon was born in Montreal and graduated with a Bachelor of Laws degree from McGill University. She moved to Vancouver in 1985 and practiced law there for five years. Sharon then moved to Nanaimo and continued her law practice until she retired in 2022. Sharon has served on the Board of Directors of the Morrell Sanctuary Society, Nanaimo and District SPCA and RCMP affiliated Citizens on

Patrol. Sharon also serves on the Events Committee of the Port Theatre. She has volunteered as a caregiver support group facilitator and educator with the BC Alzheimer's Society for the last 14 years and is a founding member and Outreach Coordinator with Nanaimo-Oceanside chapter of Elderdog Canada.

Sharon spoke of the importance of dogs as pets for the elderly. The two key concepts in senior care are: Aging in place, and creation of "age-friendly" communities. Through her research, she has found that senior's lives are built around what they CAN'T DO. As an example, the pet dog will be taken away when it's "too much work for you!"

What dogs do for Seniors:

- provide non-judgemental companionship
- social engagement

Rotary Contacts

- Club President:** Sheila Klassen
- Past President:** Daryl Knievel
- Vice President:** Doug Ozeroff
- Club Secretary:** Bonnie Murrell
- Club Treasurer:** Anna Jones
- Club President Elect:** Rob Mawdsley
- Club Services Director:** Denise Davidson
- Fundraising & Funds Allocation Director:** Caitlin Lundgren
- International Services Director:** Hillary Brown
- Member Services Director:** Tina Moreira
- Public Relations & Community Services Director:** Jill Mont
- Youth Services Director:** Graham Calder
- Directors at Large:** Tanya Forbes, Doug Lum, Duane Seibel

- Bulletin Editor:** Kelly Raine
- Program Chair:** Rod Mont

- Assistant Governor Area 4:** Jodie Williams
- District Governor 2025-2026:** Tony Camoroda
- RI President 2025-2026:** Francesco Arezzo

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**Four Way Test**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

-purpose and meaning

There are 37 "Pawds" of Elderdog across Canada.

They provide the following services:

- take dogs for walks
- transport dogs to the vet or groomer when necessary
- deliver pet food for your dog
- provide temporary foster care of dog during owner illness
- re-home a senior's dog if necessary.

Proudly, Sharon described the Nanaimo/Oceanside "Pawd", formed in May 2020, as the largest one in Canada!!

Sharon is reaching out for our help, as they **urgently need Dog Walkers!!**

The minimum commitment is 1 hour/week, which can include driving a dog or walking a dog.

After Sharon's talk concluded, a few members had some announcements. They were:

- Ev reminded us of the upcoming Coldest Night of the Year Walk on February 28<sup>th</sup>.
- Lesley spoke about the Interact Fundraiser "Socks for Seniors", a Gibson's fundraiser for 2 students.
- Rod recalled the recent 30<sup>th</sup> Anniversary Social. It was very well done, and about 50 people attended. The many past Presidents who spoke, fondly recalled their time as Rotary Daybreak Presidents.
- Kris is organizing a "Guess Who's Coming To Dinner" event and wants input of interest.



Antosia got up and spoke of her adventures after returning from her RYE in 2023-24. After graduating from High School, she plans on working for a bit, becoming a flight attendant, and going to Barcelona!

Rotary Minute was handled by Jodi, who described the Great 30<sup>th</sup> Anniversary Event!

Jodi then had Antosia draw the 50/50 ticket for \$63. Daryl was the big winner.

Doug L. announced the Friday Night Clippers game, and the Chinese New Year event at Hong Kong House at 5:30 on February 9<sup>th</sup>.

The 4-way test, and it was a wrap!

**Hot off the press!** Behzad sent "preview pictures" of the volunteer work that he and Valri are doing in Ecuador for members to enjoy.



