



## Club Duties

If you are unable to fulfill your duty,  
**PLEASE FIND A REPLACEMENT,**  
then let the meeting chair know.

### Front of House:

**November:** Hayley Poirier

**December:** Mike Garvie

### November 19, 2025

#### Front Door Greeters:

Tina Moreira & San Mahara

#### Inspiration:

Rob Regner

#### Introductions:

Kris Rongve

#### Rotary Moment:

Karin Mattern

#### 50/50:

Tanya Forbes

#### Sgt At Arms:

Doug Ozeroff

#### Meeting Notes:

Scott Manson

### November 26, 2025

#### Front Door Greeters:

Karin Mattern & Scott Manson

#### Inspiration:

Jodi Rogers

#### Introductions:

Duane Seibel

#### Rotary Moment:

Rob Mawdsley

#### 50/50:

Tanya Forbes

#### Sgt At Arms:

Graham Calder

#### Meeting Notes:

Kris Rongve

### December 3, 2025

#### Front Door Greeters:

Rob Mawdsley & Bonnie Murrell

#### Inspiration:

Kris Rongve

#### Introductions:

Kirsty Savic

#### Rotary Moment:

Jill Mont

#### 50/50:

Jodi Rogers

#### Sgt At Arms:

Theo Postulo

#### Meeting Notes:

Hayley Poirier

## Upcoming Programs

November 19<sup>th</sup> – Rotary Daybreak Committee Reports

November 26<sup>th</sup> – Rotary Daybreak Executive Elections for 2026/27

December 3<sup>rd</sup> – Amrit Manhas – City of Nanaimo & the Film Industry

Hamperville Christmas Dinner & Auction - only 4 tickets left!



**Please send content and photos for the Weekly Wake-up to [roderickmont@gmail.com](mailto:roderickmont@gmail.com)**

**Link to Daybreak Calendar...[daybreakrotary.ca/events/](http://daybreakrotary.ca/events/)**

**Sunshine Committee reminder...** A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Committee, Donna or Valri know, so that they can send out a card on behalf of the club. Thank you.

### Club Member's Birthdays

Nov. 20 – San Mahara

Nov. 25 – Tanya Forbes

### Club Member's Anniversaries

None

**November 12, 2025 - Notes by Hayley Poirier, Photos by Abbie Vomacka and Rod Mont**



President Sheila opened the meeting at 7am and Rod led us in O Canada. Ev then offered an inspiration to the group, followed by Jodi who asked for visitors and visiting Rotarians. Michelle Bulmer is visiting us as well as our guest speakers Dr Robin Love and Leslie Sundby. Leslie is a Rotarian from the Nanaimo club. Sergeant at Arms Val organized the order of tables for breakfast.

Ken started us off by discussing Kindness Matters week and Nov 13 is random acts of kindness day. This was very much a Rotary kind of message.

Jill stood to thank our volunteers for sandwich making at Island Crisis care. Two tickets to Grease are available. Please contact Behzad for details.

Mike G. updated us on the Hamperville Christmas Dinner & Auction. It is going to be a roaring evening. Scott then asked us bring bottles of wine for the wine draw. Rob M. asked for and got two more volunteers for that evening. Kris wanted everyone to know that silent auction and baking are welcome. Please contact her for any donations.

The Barsby school of rock has invited our club Nov12 to enjoy a lovely event. Anyone interested in being a Salvation Army Kettle volunteer can contact President Sheila.



San introduced our guest speakers Dr Robin Love, a palliative care doctor, and Leslie Sundby, a nursing professional at VIU. They shared a story about their Palliative care programme in Nepal. We heard about their experiences in Nepal. Palliative care is usually an end-of-life care including physical and mental well-being. Robin told such impassioned stories of their experiences over the years. The Nepalese people are so poor and undereducated that it impacts Robin and Leslie in everything they do. Two world cancer collaboration TWCC is another group that we learned about. It is an organization

that helps government and groups come together to develop palliative care. Robin and Leslie shared beautiful photos and stories about the country. We heard about how the earthquake affected the country. The devastation is hard to fathom, but some pictures helped to understand it. Children's Oncology and Kanti Children's Hospital is one of the projects including helping medically, with teaching procedures and with gifts of toys and other things. Leslie first went to Nepal in 2007 and taught the nurses about the importance of care. She has helped develop many programmes including a proposed programme -a mobile palliative service for children. They need items including a van, staff, supplies and mediations. It will take approximately \$1000/ month to get the first year of this programme started. She finished her part of the story by describing her WHY? They can make a difference with a small number of resources and help so many people. It is not expensive and because they care about suffering. They would appreciate help and their ask would be to help support the project in part or in whole.

Sheila asked for birthdays and anniversaries. Val our SAA then asked for Happy bucks. We finished at 8:05am with the 4 Way Test.

**Rotary Contacts**

- Club President:**  
Sheila Klassen
- Past President:**  
Daryl Knievel
- Vice President:**  
Doug Ozeroff
- Club Secretary:**  
Bonnie Murrell
- Club Treasurer:**  
Anna Jones
- Club President Elect:**  
Rob Mawdsley

- International Services Director:**  
Hillary Brown
- Public Image & Community Services Director:**  
Caitlin Lundgren
- Youth Services Director:**  
Graham Calder
- Club Services Director:**  
Denise Davidson
- Member Services Director:**  
Tina Moreira
- Directors at Large:**  
Tanya Forbes  
Doug Lum  
Duane Seibel

**Bulletin Editor:**  
Rod Mont

- Assistant Governor Area 4:**  
Jodie Williams
- District Governor 2024-2025:**  
Tony Camoroda
- RI President 2024-2025:**  
Francesco Arezzo

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**Four Way Test**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?