



Club Duties

If you are unable to fulfill your duty,
PLEASE FIND A REPLACEMENT,
then let the meeting chair know.

Front of House:

November: Hayley Poirier

November 5, 2025

Front Door Greeters:

Daryl Knievel & Pat Knight

Inspiration:

Theo Postulo

Introductions:

Alan Rinehart

Rotary Moment:

Doug Lum

50/50:

Bill Brendon

Sgt At Arms:

Duane Seibel

Meeting Notes:

Kris Rongve

November 12, 2025

Front Door Greeters:

Denise Larson & Doug Lum

Inspiration:

Alan Reinhart

Introductions:

Jodi Rogers

Rotary Moment:

Caitlin Lundgren

50/50:

Bill Brendon

Sgt At Arms:

Valri Cunningham

Meeting Notes:

Hayley Poirier

November 19, 2025

Front Door Greeters:

Tina Moreira & San Mahara

Inspiration:

Rob Regner

Introductions:

Kris Rongve

Rotary Moment:

Karin Mattern

50/50:

Tanya Forbes

Sgt At Arms:

Doug Ozeroff

Meeting Notes:

Scott Manson

Upcoming Programs

November 5th – Bonnie Murrell – DACDB

November 12th – Behzad Forghani, classification talk

November 19th – Rotary Daybreak Committee Reports

We were upstairs last week and the table was full.



Please send content and photos for the Weekly Wake-up to roderickmont@gmail.com

Link to Daybreak Calendar...daybreakrotary.ca/events/

Sunshine Committee reminder... A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Committee, Donna or Valri know, so that they can send out a card on behalf of the club. Thank you.

Club Member's Birthdays

Nov. 8 – Jodi Rogers

Club Member's Anniversaries

None

Meeting Notes – October 29, 2025, by Scott Manson, Photos by Abbie Vomacka



Today’s meeting was held in the upstairs boardroom. President Sheila called the chatty crowd to order, and Rod played O Canada as we all sang along. Rob R. did introductions: Valri’s guest was Kelly Rae, and Graham’s guests (who were our guest speakers today), his wife Vicki, his daughter Jamie, and Jamie’s co-worker, Hanna. Jeff B. gave a cheque to Garrett from 808 Wing from proceeds of the 2nd annual poker tournament, in the amount of \$3185.00! Our intrepid S@A, Theo, assigned tables based on the row principle, as all of us were seated in rows around the horseshoe-shaped table!

Scott M. talked about the previous evening’s EXCELLENT Hamperville Meeting, hosted by Mike and Lisa G. Don’t

forget to bring bottles of wine to next week’s meeting, or cash for the wine-buying squad to purchase it! The “Wine Barrow” is a productive fundraiser, ONLY if there is a barrow full of wine! “NO CRAP!” As Cathy used to say!

Ken H. had some Rotary Foundation announcements: Our club has raised \$2600 for Polio Plus! Ken also presented a Paul Harris award to Jeff B. (his second!), and to Rob M. (his first!). Mike G. then provided the Inspiration: It was the awesome



Hamperville meeting the night before! He also provided some sage advice, and cautioned us all, that when he gives advice, you better take it! The advice is:

“If you are coming to Hamperville, get your tickets NOW! Last year, some people tried to get in by buying tickets at the door, and it was SOLD OUT!!” Mike also informed us that

Dave T. will be our auctioneer, Kris R. is the Baked Goodies manager, and Abbie V. will be creating a Facebook page for Hamperville. Be sure to go on her new page, “Share” and “Like” it!



Garrett from 808 Wing talked about the Cadet programs there, the association with the Canadian Air Force since the ‘60’s, how our branch is very healthy with 100 kids in their squadron, and how the Cadets are taught leadership and citizenship, and public speaking. Our very own Alan R. will be performing at the St. Andrews Presbyterian Church (4235 Departure Bay Road) on Saturday, November 15th at 2:30pm. Tickets are \$25 at the door, or online at www.nanaimochamberorchestra.com.



Rotary Contacts

- Club President:**
Sheila Klassen
- Past President:**
Daryl Knievel
- Vice President:**
Doug Ozeroff
- Club Secretary:**
Bonnie Murrell
- Club Treasurer:**
Anna Jones
- Club President Elect:**
Rob Mawdsley

International Services Director:
Hillary Brown

Public Image & Community Services Director:
Caitlin Lundgren

Youth Services Director:
Graham Calder

Club Services Director:
Denise Davidson

Member Services Director:
Tina Moreira

Directors at Large:
Tanya Forbes
Doug Lum
Duane Seibel

Bulletin Editor:
Rod Mont

Assistant Governor Area 4:
Jodie Williams

District Governor 2024-2025:
Tony Camoroda

RI President 2024-2025:
Francesco Arezzo

~~~~~  
**Four Way Test**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Graham C. then introduced our Guest Speakers, Jamie and Hanna from “B.O.W.”, Building Our Wellness. They are counsellors at N.D.S.S. B.O.W. is an organization that is reconnecting students to school. There are students who have not attended school for years, due to extenuating circumstances, such as substance abuse, depression, mental health, anxiety, family dynamics, and many others. They told us about programs they have to share meals with students, how to connect students back to school, supporting them emotionally, socially and academically. Their group bridges students with community partners. They made a request of our club of \$1000 to help finance monthly field trips for the students.



Daryl K. has his birthday on Halloween Day (he was not in attendance). Dave T. drew his OWN ticket to win the 50/50 draw. I think he won about \$57? Theo collected Happy Bux. Ken H. announced that International Service Day Meeting is at San's house from 9-11am this Saturday. Rod & Jill will be playing at the Port Theatre this Saturday with the Nanaimo Concert Band. Graham reminded us about the Poetry Reading at his complex on Sunday.

The 4-way test, and the meeting was adjourned!