

## Club Duties

If you are unable to fulfill your duty,  
**PLEASE FIND A REPLACEMENT,**  
then let the meeting chair know.

### Front of House:

July: Hillary Brown

### July 16, 2025

#### **Front Door Greeters:**

Theo Postulo & Alan Reinhart

#### **Inspiration:**

Mike Garvie

#### **Introductions:**

Terry Gwilliam

#### **Rotary Moment:**

Graham Calder

#### **50/50:**

Bill Brendon

#### **Sgt At Arms:**

Duane Seibel

#### **Meeting Notes:**

Hayley Poirier

### July 23, 2025

#### **Front Door Greeters:**

Jodi Rogers & Kris Rongve

#### **Inspiration:**

Ken Hammer

#### **Introductions:**

Mike Holyk

#### **Rotary Moment:**

Natalie Cuthbert

#### **50/50:**

Tanya Forbes

#### **Sgt At Arms:**

Valri Cunningham

#### **Meeting Notes:**

Scott Manson

### July 30, 2025

#### **Front Door Greeters:**

Duane Seibel & Jeff Taylor

#### **Inspiration:**

Mike Holyk

#### **Introductions:**

Anna Jones

#### **Rotary Moment:**

Rob Dodds

#### **50/50:**

Tanya Forbes

#### **Sgt At Arms:**

Scott Manson

#### **Meeting Notes:**

Kris Rongve

## Upcoming Programs

July 16<sup>th</sup> – Rotary Information Meeting – Committee Reports

July 23<sup>rd</sup> – Heidi Sinclair & Kathy Torhjelm – Nanaimo Community Kitchens

July 30<sup>th</sup> – Friba Kaiwan – Becoming a new Canadian – Patrick Maguire

Congratulations to Graham, Sheila and Wayne for being multiple Paul Harris Fellows!



*Please send content and photos for the Weekly Wake-up to [roderickmont@gmail.com](mailto:roderickmont@gmail.com)*

*Link to Daybreak Calendar...[daybreakrotary.ca/events/](http://daybreakrotary.ca/events/)*

*Sunshine Committee reminder...* A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Committee, Donna or Valri know, so that they can send out a card on behalf of the club. Thank you.

### Club Member's Birthdays

July 16 – Pat Knight

July 19 – Bill Brendon

### Club Member's Anniversaries

July 22 – Alan & Janice Rinehart

## Meeting Notes – July 9, 2025, by Kris Rongve, Photos by Donna Allen

President Sheila opened the meeting and Rod M. played O Canada to make our singing sound better (it worked.) Ken H. did introductions of guests and visiting Rotarians. We had one remaining member of the South African delegation with us, Danica (assistant for Ken H's Remax team and shredding volunteer extraordinaire...) and then family members of Duane S., Valri C. and President Sheila (Michelle, Charlie, Corbin and Dion). Terry G. gave the new appointed official Daybreak morning inspiration: We stand for every race, for every creed from every place To give our thanks, and say our grace for food, for health May peace embrace the world through Rotary. Sergeant at Arms Donna A. assigned tables. It was complicated. But the important thing is my table was not last!

Announcements: Sheila K. announced that Graham C. will be the new youth services director; Sheila K. announced that there will be a vote on Behzad Targhani's application for membership next week; Denise D. has a cooler that was left at Jodi's residence on Saturday night (turned out it was Daryl K's.); Ev B. announced that, at the Silly Boat Regatta, volunteers are needed to set up, manage and take down the Rotary booth; Mike G. asked us to mark our calendars for the Hamperville Christmas dinner and auction on November 21, 2025; the memorial service for Past District Governor and member of Nanaimo Rotary Ross White will be on July 19, 2025.

Rick S. and Nelson A. handed out the following Paul Harris awards: PH +1 to Wayne P., PH +5 to Graham C. and PH +6 to President Sheila.

Duane S. reintroduced Michelle Seibel, his wife, and a nurse with over 25 years experience and a former TRU professor. She retired and three years later decided that it did not work for her. She now works with Island Health and, on the referral of a doctor, goes into homes and assesses people for various forms of dementia (there are over 100 different types.) She provided information and loads of handouts. I am not going to try to summarize it as there is a great likelihood that I will get something wrong and also a great likelihood that she will actually read these minutes so.... It may be cowardly but it works for me!



Valri C. did a Rotary Minute. She told us that she originally started bringing the boys because her husband was at work but then realized that Rotary was a vehicle that surrounded the boys with kindness, towards them and others.



Bill B. did 50/50. I did not win. But Theo did! He received \$70! Sergeant at Arms Donna A. asked for happy/sad bucks and while she did that, our president escaped! Or fled. Or something. I am not able to say with certainty that she will be back. All I know is that President Elect Rob M. popped up at the end to do the test and the toast. He did the work with outstanding flair (as had President Sheila until she abandoned us)!

## Rotary Contacts

### Club President:

Sheila Klassen

### Past President:

Daryl Knievel

### Vice President:

Doug Ozeroff

### Club Secretary:

Bonnie Murrell

### Club Treasurer:

Anna Jones

### Club President Elect:

Rob Mawdsley

### International Services Director:

Duane Seibel

### Public Image & Community Services Director:

Caitlin Lundgren

### Youth Services Director:

Terry Gwilliam

### Club Services Director:

Denise Davidson

### Member Services Director:

Tina Moreira

### Directors at Large:

Tanya Forbes

Doug Lum

### Bulletin Editor:

Rod Mont

### Assistant Governor Area 4:

Jodie Williams

### District Governor 2024-2025:

Tony Camoroda

### RI President 2024-2025:

Francesco Arezzo

## ~~~~~ Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?