

## Club Duties

If you are unable to fulfill your duty,  
**PLEASE FIND A REPLACEMENT,**  
then let the meeting chair know.

### Front of House:

**June:** Jeff Boegel  
**July:** Hillary Brown

### June 18, 2025

**Front Door Greeters:**  
Cathy Manson & Karin Mattern

**Inspiration:**  
Lesley Domino

**Introductions:**  
Tanya Forbes

**Rotary Moment:**  
Naomi Bailey

**50/50:**  
Jodi Rogers

**Sgt At Arms:**  
Valri Cunningham

**Meeting Notes:**  
Kris Rongve

### June 25, 2025

**Front Door Greeters:**  
Onnie Murrell & Rob Mawdsley

**Inspiration:**  
Tanya Forbes

**Introductions:**  
Sheila Klassen

**Rotary Moment:**  
Ev Boegh

**50/50:**  
Dave Thompson

**Sgt At Arms:**  
Scott Manson

**Meeting Notes:**  
Hayley Poirier

### July 2, 2025

**Front Door Greeters:**  
Scott Manson & Darlington  
Okwudibe

**Inspiration:**  
Lisa Garvie

**Introductions:**  
Mike Garvie

**Rotary Moment:**  
Jeff Boegel

**50/50:**  
Dave Thompson

**Sgt At Arms:**  
Donna Allen

**Meeting Notes:**  
Scott Manson

## Upcoming Programs

June 18<sup>th</sup> – Rotary Information Meeting, Two RYLA students  
June 25<sup>th</sup> – Rod & Jill Mont – Mid Island Community Band trip to Cuba  
July 2<sup>nd</sup> -

Thanks to Denise D., Cathy, Jodi, Duane, Paige, Scott, Doug O., and Denise L. for packing the appreciation bags for the hospital staff.



*Please send content and photos for the Weekly Wake-up to [roderickmont@gmail.com](mailto:roderickmont@gmail.com)*

*[Link to Daybreak Calendar...daybreakrotary.ca/events/](https://daybreakrotary.ca/events/)*

***Sunshine Committee reminder...** A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Committee, Donna or Valri know, so that they can send out a card on behalf of the club. Thank you.*

### Club Member's Birthdays

None

### Club Member's Anniversaries

June 20 – Lesley & Kirk Domino  
June 21 – Ken & Brenda Hammer

**Meeting Notes – June 11, 2025, by Scott Manson, Photos by Cathy Manson**

Our meeting started with a rousing vocal rendition of “O Canada” sans Rod. Inspiration was spoken by Rob D.: “Worry is a waste of imagination.” Leslie D. asked for introductions of guests and guest Rotarians. They were Assistant Governor Jody Williams, Rob Regner, Veera Lahdensuo, our Exchange Student from Finland, and Dr. Tunde Abegbola. Duane was our S@A and assigned tables at a record-setting pace!

Ken H. inducted the two newest members into our Club: Dr. Tunde Abegbola, and Rob Regner. Both repeated the 4-Way Test and were congratulated and welcomed by all in attendance!



Theo Postulo then took the mic for his Classification Talk: He has done many things! In his presentation, he highlighted his early years: “The Boys In The Yard”, Nanoose and Nanaimo, playing football. He attended John Barsby High School. Some of his interests and employment included: Retail Sales, Commercial Fishing, then Metal Fabrication and Welding while in Victoria. Back to Nanaimo and VIU, where he studied I.T. and started his own company. After some unfortunate events, he took care of his daughters, learned Marshal Arts, and learned how to cook. He claims he is still learning to cook but based on some of the pictures and descriptions of the dishes he has created, I would say that he has “NAILED IT!” The list of his hunger for knowledge and experiences

continues: He travelled in helicopters to the mountains, backpacked in West Mexico for 1200km, learned photography (he likes shooting “the close-up stuff most”), like flowers, insects and dogs. He has gone scuba diving in Nanoose, flown planes, and built a home music studio. He played some of the music he composed! Awesome! But wait, there’s more! After he “Found himself Married”, he got into aquariums, and has a “Wallstead Tank” that he grows aquatic plants in. His fish love it! He has taught himself how to fly a drone and has taken videos of aerial Lantzville. He also has learned gardening, and “does the grunt work” for his wife. All in all, a fascinating man with a thirst for knowledge. “Still waters run deep!”



Next up was Veera, our former RYE student from Finland, updating her latest visit here: she has a road trip from Kelowna to Nanaimo, is going to Tofino, and will be working at a ski camp! She has finished her High School at home. A busy young woman! Graham announced that a Paul Harris +4 pin has been found at the Golf Club. Dawn A. gave us The Rotary Minute by talking about the Rotary Magazine article that reminds us

about the Rotarian Code of Conduct applying to BOTH our professional AND private life.



Theo, the Lucky Dog, won the 50/50 draw of \$70! Duane collected Happy Bux, the 4-Way Test was recited, and the meeting was adjourned!

**Rotary Contacts**

- Club President:** Daryl Knievel
- Past President:** Dave Thompson
- Vice President:** Doug Ozeroff
- Club Secretary:** Bonnie Murrell
- Club Treasurer:** Anna Jones
- Club President Elect:** Sheila Klassen

- International Services Director:** Duane Seibel
- Public Image & Community Services Director:** Caitlin Lundgren
- Youth Services Director:** Mike Garvie
- Club Services Director:** Denise Davidson
- Member Services Director:** Dave Perry
- Directors at Large:** Tanya Forbes, Doug Lum
- Bulletin Editor:** Rod Mont

- Assistant Governor Area 4:** Jodie Williams
- District Governor 2024-2025:** Bill McGregor
- RI President 2024-2025:** Stephanie Urchick

**Four Way Test**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Golf Tournament photos by **Jodi Rogers** and **Lauren Rogers**

