



Club Duties

If you are unable to fulfill your duty,
PLEASE FIND A REPLACEMENT,
then let the meeting chair know.

Front of House:

September: Lesley Domino

October:

September 4, 2024

Front Door Greeters:

Cathy Manson & Karin Mattern

Inspiration:

Cathy Graham

Introductions:

Lisa Garvie

Rotary Moment:

Graham Calder

50/50:

Tanya Forbes

Sgt At Arms:

Duane Seibel

Meeting Notes:

Scott Manson

September 11, 2024

Front Door Greeters:

Scott Manson & Rob Mawdsley

Inspiration:

Terry Gwilliam

Introductions:

Mike Garvie

Rotary Moment:

Valri Cunningham

50/50:

Jodi Rogers

Sgt At Arms:

Graham Calder

Meeting Notes:

Hayley Poirier

September 18, 2024

Front Door Greeters:

Bonnie Murrell & Doug O

Inspiration:

Ken Hammer

Introductions:

Cathy Graham

Rotary Moment:

Natalie Cuthbert

50/50:

Jodi Rogers

Sgt At Arms:

Scott Manson

Meeting Notes:

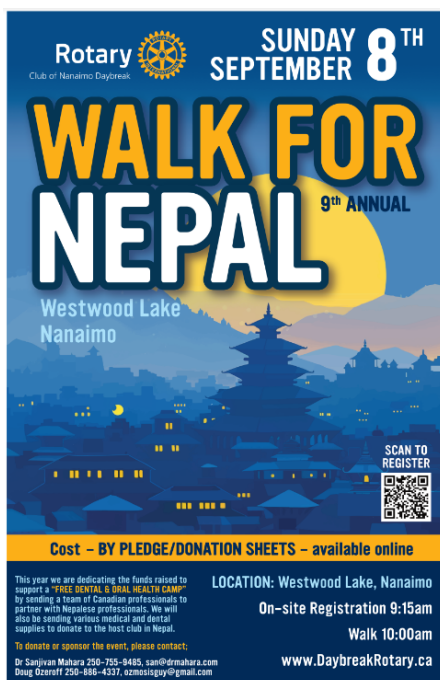
Rod Mont

Upcoming Programs

September 4th – Valri Cunningham – Classification Talk

September 11th – RCMP Internet Fraud – Gary O'Brien

September 18th – Rotary Information Meeting



[Link to Daybreak Calendar...daybreakrotary.ca/events/](https://www.daybreakrotary.ca/events/)

Sunshine Committee reminder... A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Committee, Donna or Valri know, so that they can send out a card on behalf of the club. Thank you.

Please send content and photos for the Weekly Wake-up to roderickmont@gmail.com

Club Member's Birthdays

None

Club Member's Anniversaries

Doug Ozeroff and Paige

Meeting Notes – August 28, 2024, by Duane Seibel, photos by Sheila Klassen

President Daryl opened the meeting as Rod Mont frantically assembled his saxophone just in time to lead us in the National anthem. Rod appeared a bit out of breath and seemed to be reaching as many notes on the inhale vs. blowing into the sax. Impressive!!



Mike Garvie provided our inspiration, He just did it with an attached just do it challenge. Sheila introduced our guests, all members of the Sea Wolves Men’s Cancer Pack (Greg, Don and Allen). Hillary provided the morning’s Rotary Moment and shared her memories of a fellow Red Deer Rotarian, Don, who recently passed. She spoke of his commitment and his masterful fundraising ability, someone who inspired her. We as a club toasted his memory.

Donna, who claimed to be a bit rusty at being Sgt at Arms, gave Graham a run for his money in creatively assigning tables although there were concerns there may have been some favoritism at play as her table was assigned first.

Our guest Speakers were Greg and Don from the Sea Wolves Men’s Cancer Pack. They shared to history of their group and their commitment to getting the message out that men need to be proactive in having their PSA checked for early detection of prostate cancer. The group also creates a safe space for men to share their own stories of treatment, support other men that are newly diagnosed with any form of cancer, and distribute backpacks to those receiving chemo/radiation therapy across the Island.

The one key lesson is men don’t take very good care of themselves and may need to be encouraged to access medical services and testing. If you have a man in your life, nudge, kick or drag them for check-ups and make sure they ask to have their PSA tested☺

The Sea Wolves have a fundraiser September 21 (11:00-4:00) at Wolf Brewing to raise money for backpacks. The club used happy bucks as a donation to the group, raising enough money to buy almost 3 complete backpacks..... Yay daybreakers!

Great questions of the men, although didn’t write any of them down as I was in listening mode.



Rotary Contacts

- Club President:**
Daryl Knieval
- Past President:**
Dave Thompson
- Vice President:**
Doug Ozeroff
- Club Secretary:**
Bonnie Murrell
- Club Treasurer:**
Anna Jones
- Club President Elect:**
Sheila Klassen

- International Services Director:**
Duane Seibel
- Public Image & Community Services Director:**
Caitlin Lundgren
- Youth Services Director:**
Mike Garvie
- Club Services Director:**
Denise Davidson
- Member Services Director:**
Dave Perry
- Directors at Large:**
Tanya Forbes
Doug Lum

- Bulletin Editor:**
Rod Mont

- Assistant Governor Area 4:**
Jodie Williams
- District Governor 2024-2025:**
Bill McGregor
- RI President 2024-2025:**
Stephanie Urchick

Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

We sang happy Birthday to Denise D and Ken. Someone won 50/50, surprisingly, it wasn't me so I wasn't really interested... I think it might have been Rod M.

Sgt collected Happy Bucks and fined one whole table for hording the BBQ sign-up sheet.

Jodi shared thanks to Dave and Cheryl Thompson for his hosting of she and her friends on a safe cruise.



Test/Toast/Done

BBQ at the Allen's September 7 (3:00-7:00pm)
Walk for Nepal September 8 (10:00am-2:00pm)