



## Club Duties

If you are unable to fulfill your duty,  
PLEASE FIND A REPLACEMENT,  
then let the meeting chair know.

### March 22<sup>nd</sup>, 2023

**Front Door Greeters:**

Karin Mattern

**Front-of-House:**

Denise Larson

**Tech Set-up & Run**

TBA

**Inspiration:**

Doug Lum

**Introductions:**

Linda Koshman

**Rotary Minute:**

Sheila Forrest

**50/50:**

Zel Hopson

**Sgt at Arms**

Duane Seibel

**Meeting Notes:**

Linda Koshman

### March 29<sup>th</sup>, 2023

**Front Door Greeters:**

San Mahara & Scott Manson

**Front-of-House:**

Denise Larson

**Tech Set-up & Run**

TBA

**Inspiration:**

Caitlin Lundgren

**Introductions:**

Denise Larson

**Rotary Minute:**

Cathy Graham

**50/50:**

Zel Hopson

**Sgt at Arms**

Duane Seibel

**Meeting Notes:**

Robb Mowbray

### April 5<sup>th</sup>, 2023

**Front Door Greeters:**

Bonnie Murrell

& Darlington Okwudibe

**Front-of-House:**

Sheila Forrest

**Tech Set-up & Run**

TBA

**Inspiration:**

San Mahara

**Introductions:**

Doug Lum

**Rotary Minute:**

Terry Gwilliam

**50/50:**

Wayne Peddie

**Sgt at Arms**

Sher Holubowich

**Meeting Notes:**

Kris Rongve

# Weekly Wake-up

## Upcoming Programs

Mar 22<sup>nd</sup> – Robin McQueen, Book: Understanding Conflict: Bridging Theory & Practice

Mar 29<sup>th</sup> – Kerry Isham, Nanaimo Women Helping Women

Apr 5<sup>th</sup> – TBA

### In Person Meetings Taking Place!!!...

In-person meetings are now at Nanaimo Golf Course for meetings AND breakfast will be served! [Please confirm by Monday noon on DaybreakRotary.ca](http://Please confirm by Monday noon on DaybreakRotary.ca)

### Fireside Chats starting Thursday!!...

At Rod and Jill's - March 16;

Graham and Vicki's – 22 March; and

Darryl and Amanda's - 23 March

### Cheque Presentation...

This is from Sun Mar 12.

\$2000 to the Snuneymuxw

Jr All Native Basketball

tournament 70-90 teams

descending on Nanaimo

March 19-24. This donation

is in support of the

participant's dance/pizza

nite on Wednesday

March 22



[Link to Daybreak Calendar...daybreakrotary.ca/events/](http://daybreakrotary.ca/events/)

**Sunshine Ladies reminder...** A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Ladies, Sher or Donna know, so that they can send out a card on behalf of the club. Thank you.

**Please send content and photos for the Weekly Wake-up to [robbmowbray\(AT\)telus.net](mailto:robbmowbray(AT)telus.net)**

### Club Birthdays

No Birthdays this week.

### Club Anniversaries

No Anniversaries this week.

## Meeting Notes – Mar. 15<sup>th</sup>, 2023 by Rod Mont, photos by n/a

The meeting started with President Graham acknowledging that we are meeting on the territory of the Snuneymuxw First Nation, Rod Mont playing O Canada, and Denise Larson giving the inspiration. Karin Mattern led the introductions of our guests Iyla Christie and Lisa Garvie.

In the Rotary moment, Ken Hammer outlined the many ways that Rotary gets involved with youth. These include the Rotary Youth Exchange (RYE), Rotary Youth Leadership Awards (RYLA), Rotaract and Interact. In addition to these international aspects of youth projects, our club is also involved with the Junior All Native Tournament ([www.jrallnative.ca](http://www.jrallnative.ca)), NYSA, Boys and Girls Club, Child Development Centre and a youth program with the Nanaimo Art Gallery. Ken passed around a volunteer sheet regarding the Junior All Native Tournament.

Evelyn Boegh reminded us of the five club Trash Pick-up starting at 9 AM on Saturday, April 22nd at Northfield Park. Last year, we picked up over a ton of garbage in one morning! Ev is looking for volunteers to help organize the event.

Our guest speaker was Iyla Christie. Iyla is in grade 8 and attended RYLA Vancouver Island at Camp Qwanoes last fall. Iyla had pictures from RYLA and shared her experience there. One of the things that she learned was that leaders are not circles but are like horseshoes because they are open to change.

San Mahara announced that he is looking into changing the Hike to Mt. Everest Base Camp to a different hike and experience in Nepal.

Rod Mont reminded members to sign up for fireside chats. Rod and Jill are hosting March 16th, Graham and Vicki on March 22nd, and Darryl and Amanda on March 23rd. The fireside chats next week are full.

President Graham and Bonnie Murrell discussed a new opt out system for breakfasts being considered by Daybreak Rotary. In order to cut down on the administrative time in determining attendance for our regular meetings and to ensure that the club meetings have sufficient food for those who attend, we are looking at having all members sign up for automatic payments for breakfast. Members who always attend will then no longer have to register for breakfast every week. Anyone who will not be attending any given meeting will have the option each week to opt out by Monday at noon in order not to be charged for breakfast. Details are still being worked out for this proposal. Graham and Bonnie encourage feedback. A start date has not yet been set.

Sheila Forrest read a thank you note from Rebecca Ryane who was one of our guest speakers last week. Rebecca enjoyed meeting everyone and is now considering joining a Rotary club in the Parksville - Qualicum Beach area. Doug Lum announced that the golf tournament committee has been active. Members were encouraged to donate prizes.

A Happy Birthday was sung to Doug Ozeroff. Zel Hopson did the 50/50 which was won by Doug Lum. Denise Davidson did the honours as Sergeant-at-Arms.

## Rotary Contacts

### Club President:

Graham Calder

### Past President:

Janice Krall

### Vice President:

Rod Mont

### Club Secretary:

Bonnie Murrell

### Club Treasurer:

Anna Jones

### Club President Elect:

Dave Thompson

### International Services Director:

Duane Seibel

### Public Image & Community Services Director:

Jodi Rogers

### Youth Services Director:

Terry Gwilliam

### Club Services Director:

Denise Davidson

### Member Services Director:

Jeff Boegel

### Bulletin Editor:

Robb Mowbray

### Assistant Governor Area 4:

Ken Hammer

### District Governor 2022-2023:

T. Dale Roberts

### RI President 2022-2023:

Jennifer Jones

## Make-ups

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Denise Davidson.

## ~~~~~ Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

## Rotary Club Meetings

Wednesday – Parksville, Bayside Inn, 5:45 bi-monthly

1st, 3rd Tuesday – Nanaimo North, Nanaimo Golf Club, 6:10 pm

Every other Wednesday – Nanaimo Oceanside, Nanaimo Golf Club 5 p.m.

Thursday – Lantzville – 2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup>

Friday – Nanaimo – Nanaimo Golf Club, 12:00 p.m.

**HAVE A  
GREAT WEEK!**