

## Club Duties

If you are unable to fulfill your duty,  
PLEASE FIND A REPLACEMENT,  
then let the meeting chair know.

# Weekly Wake-up

### October 2nd, 2019

#### Front Door Greeters:

Rod Fay & Sheila Forrest

#### Front-of-House:

Sher Holubowich

#### Invocation:

Bob Wall

#### Introductions:

Jeff Boegel

#### Rotary Minute:

Denise Fraser

#### 50/50:

Bill Brendon

#### Sgt at Arms:

Sher Holubowich

#### Meeting Notes:

Randall Taylor

### October 9th, 2019

#### Front Door Greeters:

Denise Fraser & Ken Hammer

#### Front-of-House:

Sher Holubowich

#### Invocation :

Ed Wittenberg

#### Introductions:

Ev Boegh

#### Rotary Minute:

Ken Hammer

#### 50/50:

Bonnie Murrell

#### Sgt at Arms:

Daryl Knievel

#### Meeting Notes:

Bill Hardy

...with  
Rod Fay  
and  
Rod Mont



*Link to Daybreak Calendar...*

[http://www.daybreakrotary.ca/index.php?p=1\\_14](http://www.daybreakrotary.ca/index.php?p=1_14)

*Sunshine Ladies reminder...*

A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Ladies, Sher or Donna know, so that they can send out a card on behalf of the club. Thank you.

**Please send content and photos for the Weekly Wake-up to [robbmowbray@telus.net](mailto:robbmowbray@telus.net)**

### October 16th, 2019

#### Front Door Greeters:

TBA

#### Front-of-House:

Sher Holubowich

#### Invocation:

TBA

#### Introductions:

TBA

#### Rotary Minute:

TBA

#### 50/50:

TBA

#### Sgt at Arms

TBA

#### Meeting Notes:

Janice Perrino

## Club Birthdays

I don't know!... :-/

## Club Anniversaries

I don't know!... :-0

*Meeting Notes - Sept. 25/2019 submitted by Bill Hardy, photos by Ken Hammer.*

- ⇒ 7 AM... President Doug meeting called to order and O'Canada - Rod on sax
- ⇒ **Introductions** made.
  - Visiting Rotarians – None
  - Guests – Iyla introduced her Dad, Ev introduced Zedane (sorry wrong spelling) Dominik introduced cousin Riley and Kris introduced Anita and Mary our guest speakers.
- ⇒ Kris Rongve, Sargent at arms – assigned tables...breakfast was served
- ⇒ **Inductions: Darlington Okwudibe inducted as new member**
  - Rod Fay** spoke on how they met, that Darlington and his wife have a 7-yr old son and a 5-yr daughter.
  - Rod Mont** did the official induction of Darlington. Gave Darlington our welcome package, his name tag and an invoice for joining. Everyone welcomed Darlington to our club.
- ⇒ **Guest Speaker** – Anita and Mary from Nanaimo Community Kitchens Society
  - Community Kitchens have provided food since 1991 – 28 yrs
  - Participants do own cooking from scratch
  - Learn new cooking techniques and about food safety and bring home nutritious meals.
  - Group members meet regularly and choose the recipes to cook
  - They teach 80/20 rule ...eat healthy 80% and can indulge 20% of the time
  - Programs they offer: Cooking with Seniors / Cooking out of the Box and Bellies to Babies & Beyond
  - They have provided 126 sessions, 2,220 meals, had 785 adults, 220 Child minding visits, and 720 volunteer hours
  - Located downtown Nanaimo and visit their website if you would like more information. [www.nanaimocommunitykitchens.org](http://www.nanaimocommunitykitchens.org)
- ⇒ **Announcements**
  - San** – looks like the Nepal walk will raise \$2500 thanks to everyone involved
  - Thanks to:** Janice Krall and Brandon Kolybaba stepping up for Clippers 50/50
  - Duncan Octoberfest** – attended by president Lum and Mr. Knievel
  - Sheila** – asked everyone to bring a bottle of wine
- ⇒ **50/50 – Bill H** won \$48
- ⇒ **Foundation** – no draw
- ⇒ **Kris – sgt of arms** – handed out a whole lot of fines, too many to count. Kris did not actually make anyone pay their fines. Worked out well as there were lots of happy bucks that made up for no fines.
- ⇒ **Four way test recited** – meeting adjourned
- ⇒ **Until next time** - Have a good one and Be Good

*Rotary Contacts*

- Club President:**  
Doug Lum
- Past President:**  
Ev Boegh
- Vice President:**  
Christine McAuley
- Club Secretary:**  
Sheila Forrest
- Club Treasurer:**  
Terry Rogers
- Club President Elect:**  
Anna Jones
- International Service Director:**  
Graham Calder
- Community Service Director:**  
Dave Perry
- Youth Service Director:**  
Bill Hardy
- Club Service Director:**  
Sher Holubowich
- Member Service Director:**  
Rod Fay
- Bulletin Editor:**  
Robb Mowbray
- Assistant Governor Area 4:**  
Wayne Anderson
- District Governor 2019-2020:**  
Maureen Fritz-Roberts
- RI President 2019-2020:**  
Mark Daniel Maloney

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*Make-ups*

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Denise Davidson.

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*Four Way Test*

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

*Rotary Club Meetings*

Monday – Parksville, Bayside Inn, Noon  
 1st, 2nd, 3rd Tuesday – Nanaimo North, Nanaimo Golf Club, 6:10 pm  
 Wednesday – Nanaimo Oceanside, Nanaimo Golf Club 5 p.m.  
 Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.  
 Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

**HAVE A GREAT WEEK!**

