



Club Duties

If you are unable to fulfill your duty,
PLEASE FIND A REPLACEMENT,
then let the meeting chair know.

Weekly Wake-up

February 6th, 2018

Front Door Greeters:

Rod Fay & Ken Hammer

Front-of-House:

Jeff Boegel

Invocation :

Nelson Allen

Meeting Notes:

Randall Taylor

Introductions:

Sheila Forrest

Rotary Minute:

Ken Hammer

50/50:

Patrick Maguire

Sgt at Arms:

Denise Davidson

Upcoming Programs

Feb 6 - Tony Davis, Refugee Program

Feb 13 - Stephanie Dancevic, VIVRS

Feb 20 - Mike Hooper, CEO Nanaimo Airport

February 13th, 2019

Front Door Greeters:

Sheila Forrest & Bill Hardy

Front-of-House:

Jeff Boegel

Invocation:

Dawne Anderson

Introductions:

Denise Davidson

Meeting Notes:

Bill Hardy

Rotary Minute:

Sher Holubowich

50/50:

Bill Brendon

Sgt at Arms:

Daryl Knievel

Sign up for Paint Night!...

Kris has worked hard to schedule a paint night. But that gal has done it again!!!

The night is February 28th at 7pm at the Green Olive at Old City Station Pub at 150 Skinner Street. Please go on line and book your space. There are only 30 guests max and it is open to the public. The link to the website to reserve and pay for your spot (\$47.25 with tax) is: paintnite.com scroll down to Feb 28th where is states for Rotary Daybreak..



We can choose canvas or bottles to paint. If you are going, email me by Jan 27 with your preference. Majority wins.

YIR

Sher and Kris

<https://www.yaymaker.com/events/coming-soon-at-the-green-olive-10141473>

February 20th, 2019

Front Door Greeters:

Sher Holubowich & Anna Jones

Front-of-House:

Jeff Boegel

Invocation :

Ron Blank

Meeting Notes:

Janice Perrino

Introductions:

Rod Fay

Rotary Minute:

Daryl Knievel

50/50:

Bill Brendon

Sgt at Arms:

Graham Calder

Link to Daybreak Calendar...

http://www.daybreakrotary.ca/index.php?p=1_14

Sunshine Ladies reminder...

A reminder...If any members know of another member who is ill or who has had a death in the family, please let our Sunshine Ladies, Sher or Donna know, so that they can send out a card on behalf of the club. Thank you.

Please send content and photos for the Weekly Wake-up to robbmowbray@telus.net

Club Birthdays

No Birthdays this week.

Club Anniversaries

No Anniversaries this week.

Meeting Notes - Jan 30/2019 submitted by *Ron Blank*, photos by *Ev Boegh*, courtesy of *Doug Wortley*.

Guests this morning: Brenda Thompson, Wes Strickland, Rahul Ramteke & Shelley Foreman.

Sheila Forrest's Rotary Moment was on Time. Time is an exacting amount that we have each and everyday. From time to time, you bide your time or have a good time. The time operative key is not in spending time, but investing in it.

May 9-10-11 District Conference See Doug Lum, if attending.
Who has yet to get their Criminal Record check? Get'er done!

Our social butterfly, Sher, sent around a sign-up sheet for Chinese New Year Dinner at 5:30 PM on 4 Feb at Hong Kong House on 3023 Barons Road, behind Country Club.
Also on 28 Feb at Green Olive Restaurant "Paint Nite" (aka old City Station at 150 Skinner St) 7:00 PM, limited spots available, sign up on-line. <https://www.yaymaker.com/venues/the-green-olive-10005057?welcome=paintnite> (Thanks also to Kris)

Guest Speaker: Brenda Thompson long time Gabriola Islander & sail maker introduced **Wes Strickland**, who is a lead volunteer with Village Medical Project, Sierra Leone.
<http://villagemedicalprojectforsieraleonesociety.org/>

The Village Medical Project equips and transports volunteer medical teams to remote villages in Sierra Leone. Sierra Leone is still recovering from a crippling civil war that ended in 2002. The country's life expectancy is under 46 years and infant mortality under 5 is one of the highest in the world. Medical coverage is spartan as there are only 120 doctors for 6 million population.

With encouragement from an old university friend, Wes started volunteering in 2008 with focus on providing free medical treatment for a specific area located about 200 miles east of the capital Freetown.

In 2009 they were given a nurse from the national government. They later trained her as a Nurse Practitioner and she is now considerably more useful. She can dispense drugs, perform malaria testing, routine blood work, random HIV testing, and triage. With added help from military doctors, the Under 5 Mortality has dropped from 16 % down to 1.17%. Treatment of syphilis and other diseases includes tracing of contacts, investigated as a family and with Doctor's prescriptions taken to a free pharmacy. Disease protocols include disease training and follow-up.



Pres Ev with guest speakers, Brenda Thompson and Wes Strickland.

They bring in a full health team, many from Nanaimo, to treat the community with emphasis on pregnant women and children under five. All statistics are shared with Sierra Leone govt and the World Health Organization. Future plans are to expand to community of focus and to train a second Nurse Practitioner from local nurses. Eventually, their goal is to leave the community that has become self-supporting.

Sgt Sher issued fines and received happy bucks. Doug P drew the 50/50 card. Whoohoo!

And off we went to our next adventures in Rotary.

Rotary Contacts

- Club President:**
Evelyn Boegh
- Past President:**
Nathan Thornton
- Vice President:**
Christine McAuley
- Club Secretary:**
Ron Blank
- Club Treasurer:**
Doug Pearson
- Club President Elect:**
Doug Lum

- International Service Director:**
Graham Calder
- Community Service Director:**
Dave Perry
- Youth Service Director:**
Bill Hardy
- Club Service Director:**
Donna Allen
- Member Service Director:**
Rod Fay

Bulletin Editor:
Robb Mowbray

- Assistant Governor Area 4:**
Wayne Anderson
- District Governor 2018-2019:**
Craig Gillis
- RI President 2018-2019:**
Barry Rassin

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*Make-ups*

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Denise Davidson.

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Four Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Rotary Club Meetings

- Monday – Parksville, Bayside Inn, Noon
- 1st, 2nd, 3rd Tuesday – Nanaimo North, Nanaimo Golf Club, 6:10 pm
- Wednesday – Nanaimo Oceanside, Nanaimo Golf Club 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

HAVE A GREAT WEEK!

