



### Club Duties

If you are unable to fulfill your duty,  
**PLEASE FIND A REPLACEMENT,**  
then let the meeting chair know.

#### October 21st, 2015

##### Front Door Greeters:

Terry Rogers & Neil Sorsdahl

##### Invocation:

Kim Howland

##### Introductions:

Rod Mont

##### Rotary Minute:

Kim Howland

##### 50/50:

Patrick Maguire

##### Sgt @ Arms:

Kris Rongve

#### October 28th, 2015

##### Front Door Greeters:

Kris Rongve & Harry Stephan

##### Invocation:

Brian Kirkhope

##### Introductions:

Robb Mowbray

##### Rotary Minute:

Daryl Knievel

##### 50/50:

Patrick Maguire

##### Sgt @ Arms:

Dave Thompson

#### November 4th, 2015

##### Front Door Greeters:

Randall Taylor & Dave Thompson

##### Invocation:

Daryl Knievel

##### Introductions:

Heather Owen

##### Rotary Minute:

Denise Larson

##### 50/50:

Bill Brendon

##### Sgt @ Arms:

Denise Davidson

## Weekly Wake-up

### Upcoming Programs

October 21st - Club Assembly - Business Meeting

October 28th - Kevin Dobson – Rotary Exchange Student

November 4th - TBA

## NOTICES & NEWS

### *Christmas Auction change this year...*

NANAIMO DAYBREAK CHRISTMAS AUCTION.

DECEMBER 9TH, 2015 6-8:00 PM

THE OLD CITY STATION PUB BEER AND BURGER NIGHT  
COST: \$20.00 \$6.00 WILL GO TO THE BEER AND BURGER --THE REST FOR

OUR DONATION TO HAMPERVILLE

SILENT AUCTION AND SOME SPECIALS FOR A LIVE AUCTION

FOR DAYBREAK ROTARY MEMBERS ---- THE REGULAR MORNING MEETING ON DEC. 9TH IS CANCELLED. THE MEETING IS NOW OUR CHRISTMAS AUCTION.

COME ONE: COME ALL BRING FRIENDS, PARTNERS --GREAT OPPORTUNITY TO SUPPORT HAMPERVILLE.



### It's **OKTOBERFEST 2015**

*this Friday, October 23rd!!!*

The Event website is at [nanaimooktoberfest.com](http://nanaimooktoberfest.com)

*And let's sell those tickets*

*Let's make it a successful event!!!*

*Please send content and photos for the Weekly Wake-up to [robbmowbray@telus.net](mailto:robbmowbray@telus.net)*

### Club Birthdays

Oct. 26 Kim Howland

### Club Anniversaries

No Anniversaries this week.

*Meeting Notes - Oct. 14th*

*submitted by San Mahara, photos by Donna Allen*

Karen Mattern collected the money, while Wayne Peddie and Leanna Plug were busy welcoming the members. After president Eileen Tatton opened the meeting, Rod Mont played his saxophone for O Canada.

Patrick Maguire did the invocation, followed by Doug Lum's Rotary minute. He talked about the Youth Exchange program for which the budget has increased, as there will be one more inbound student.

Brian Kirkhope updated us about the upcoming Oktoberfest, happening on October 23. He needs more helping hands for set up and take down. Please contact Brian or Scott Bradford for details.

The guest were Phillippe Lucas from Tilray in Nanaimo and Sameera Mahara, grade 6 student from McGirr. Sameera has collected, with the help of her friends, and donated to the club funds for Nepal.

Phillippe is a VP of Patent and Research at Tilray, a facility dedicated for mass producing medical Marijuana. He has a Masters degree and is a PhD student at the UVic Social Dimensions of Health program. He is a Research Affiliate with the Center for Addictions Research of British Columbia. His scientific research interests, projects and publications include the therapeutic use of cannabis, Canadian and International cannabis policy, and the use of cannabis in the treatment of addiction.

In 1999, Philippe founded the Vancouver Island Compassion Society, one of Canada's longest running non-profit medical cannabis dispensaries. He has served as a Victoria City Councilor and a Director on the Capital Regional District Board from 2008-2011.

He dedicated his talk on the production, use and distribution of Medical Cannabis from the Tilray plant, which is one of the economic boosters for the city. He said use of medical cannabis has gained legal status now after a long battle such that 2-4% of adult population use the drug for medical purpose. A compound called THC, found in cannabis is the main reason for its therapeutic effect. There are 26 licensed practitioner in Canada.

Tilray is situated in a 60,000 sq. ft. facility at Duke Point and has created 125 full time jobs. He claims it is the largest agricultural hiring facility in the region. The core values of the Tilray, among others, is to shine a light on the shadow of the industry by maintaining professionalism and research.



*..Pres Eileen with guest speaker, Phillippe Lucas of Tilray.*

Tilray had become very innovative, making THC available in different forms, including liquid capsules, drops, vaporizer oils, Oral spray and tropical oils.

Thank you Phillippe for sharing your passion with us.

San got extra money for Foundation. The fines and happy bucks were collected and the meeting was adjourned.

**HAVE A GREAT WEEK!**

*Rotary Club Meetings*

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

*Rotary Contacts*

- Club President:**  
Eileen Tatton
- Past President:**  
Don Bonner
- Vice President:**  
Evelyn Boegh
- Club Secretary:**  
Kim Howland
- Club Treasurer:**  
Anna Jones
- Club President Elect:**  
Neil Sorsdahl
- International Service Director:**  
Nelson Allen
- Community Service Director:**  
Harry Stephan
- Youth Service Director:**  
Terry Rogers
- Club Service Director:**  
Don Bonner
- Bulletin Editor:**  
Robb Mowbray
- Assistant Governor Area 4:**  
Bev Hilton, Oceanside
- District Governor 2015-2016:**  
Rose Bowman, Chehalis
- RI President 2015-2016:**  
K.R. "Ravi" Ravindran

*Make-ups*

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Neil Sorsdahl at [goldendivot@shaw.ca](mailto:goldendivot@shaw.ca)

*Four Way Test*

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

