

Rotary Club of Nanaimo **DAYBREAK**

SERVICE ABOVE SELF

Club Duties

If you are unable to fulfill your duty,
PLEASE FIND A REPLACEMENT,
then let the meeting chair know.

December 3rd, 2014

Front Door Greeters:

Graham Calder
& Christine Craigie

Invocation:

Scott Bradford

Introductions:

Brian Kirkhope

Rotary Minute:

Amy Taylor

50/50:

Dawne Anderson

Sgt @ Arms:

Denise Davidson

December 13, 2014

Front Door Greeters:

Denise Davidson & Ken Hammer

Invocation:

Bill Brendon

Introductions:

Denise Larson

Rotary Minute:

Randall Taylor

50/50:

Patrick Maguire

Sgt @ Arms:

Daryl Knievel

December 17th, 2014

Front Door Greeters:

Sher Holubowich & Kim Howland

Invocation:

Graham Calder

Introductions:

Doug Lum

Rotary Minute:

Dave Thompson

50/50:

Patrick Maguire

Sgt @ Arms:

Kris Rongve

Newsletter Date:

December 3, 2014

Volume 19 Issue 23

Weekly Wake-up

Upcoming Programs

- Dec 3 Chris Barfoot – Culture and Heritage coordinator with City of Nanaimo
Dec 10 **Rotary Daybreak Christmas Auction**
Dec 17 Club Assembly - Business Meeting

NOTICES & NEWS

...photo of Donna and Don at Hamperville Nanaimo Annual Kick-Off Open House

*Don't Forget!!! Xmas Auction
next week...*

It's the annual Daybreak Rotary Christmas Auction next week (Dec. 6). Bring your donations, including baked goods and preserves, and, especially, your chequebook, so we can make this a great year for those in need. Bring family and friends (but let us know how many, so we can ensure there is enough breakfast to go around!) This special meeting is always great fun, with Santa's elves and live auctioneers!



Please send content and photos for the Weekly Wake-up to robbmowbray@telus.net

Club Birthdays

No Birthdays this week.

Club Anniversaries

No Anniversaries this week.

*We gratefully acknowledge the financial support of the province of British Columbia
P.O. Box 37051, #38 - 3200 Island Hwy, Nanaimo, BC Canada, V9T 6N4 / Phone 250-741-9333
Rotary District 5020 / Club # 31160*

Meeting Notes - November 26th

by Terry Rogers, photos by Donna Allen

Rod Mont led the club in O Canada on his saxophone and we sang like it was 1999.

Guests

Mark from Jim's Mowing

Rotary Minute Eileen Tatton

Eileen talked about what constitutes a hero. Society views Police-men, Firemen and Soldiers as heroes as they put themselves at risk for the benefit of others. Eileen suggested that we can all be heroes as we can harness our desire to help others. We are programmed to help as a survival mechanism because, in the wild, one person may not survive, but a tribe probably will. In fact, do you know that donating to a good cause or helping others stimulates the brain in the same way food and sex do. I guess that's why I am in Rotary...scribe.

Don chimed in that his lovely bride Beverley calls him her little hero, to which Sher suggested that he should not be gloating over the little part.....hmmmm.



Eileen gave us a fabulous Rotary Minute...



...And Scott (left, with Pres Don) gave us an inspiring Classification Talk....

Classification Talk-Scott Bradford

Scott advised that, as he is new to the club, he can make up stuff and we won't know any different. Hey, is it the Truth???? Scott then showed us his \$25 million watch and passed it around so that we could all stroke it. Scott advised that in high school he was neither a good student, son nor friend, sorta like the Gordie Howe hatracker. But he was an ok runner. In grade 11, he started going out with a girl in grade twelve. Her father was called the "Whip" at Algoma, responsible for the downsizing of the steel mill's workforce. He was a bulldog of a man and feared throughout the Sault. In grade twelve, when his girlfriend was off to college her father was diagnosed with terminal cancer. By this time, Scott had developed a friendship with the father and, as the father was unable to work, he offered to train Scott in the 1500 meters only if Scott embraced the mantra "if your mind can believe, your heart can achieve". Scott agreed to the offer, although skeptical of the chances of success as he had never truly believed in himself.

Scott's best time in the 1500 meters was previously 4:18 and his coach asked what he hoped to get his time down to. Scott advised that he would like to get his time under 4:10. They trained throughout the winter and, at the first track meet in the spring, Scott ran a 4:12....Scott was beginning to believe. Scott's time continued to drop and in the final district track meet he ran a 4:04 to qualify for the Northern Ontario Championships. In the Championships, Scott was running against a nationally ranked runner who had never lost at this level. The coach told Scott not to worry about finishing the race, but just stay on the lead runner's right shoulder. Scott was able to stay on his shoulder for most of the race and only fell back in the last 50 meters. Scott won the silver in a career best of 3:56 and the winner set a meet record that still stands today. Scott truly believed in himself now and used this new found inner confidence in all aspects of his life.

As mentioned before, Scott had indicated that he was a poor

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Rotary Contacts

- Club President: Don Bonner
Past President: Randall Taylor
Vice President: Dave Thompson
Club Secretary: Neil Sorsdahl
Club Treasurer: Anna Jones
Club President Elect:
International Service Director: Nelson Allen
Community Service Director: Rod Mont
Youth Service Director: Terry Rogers
Club Service Director: Kristin Rongve
Bulletin Editor: Robb Mowbray
Assistant Governor Area 4: Barry Sparkes
District Governor 2014-2015: Michael Procter
RI President 2014-15: Gary C.K. Huang

Make-ups

To ensure that your make-up info is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Membership Chair, Denise Davidson at ddaavidson@islandadjusters.com

Four Way Test

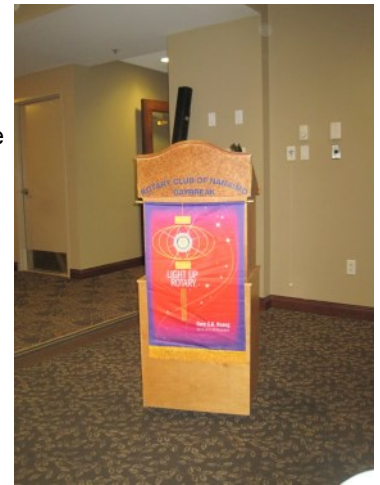
- 1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Rotary Club Meetings

- Monday - Parksville, Bayside Inn, Noon
Tuesday - Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
Wednesday - Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
Thursday - Lantzville - ABC Restaurant on Mary Ellen Drive, 7 a.m.
Friday - Nanaimo - Coast Bastion Inn, 12:15 p.m.



student, but, with the belief that he could achieve, he went from barely passing to finishing his grade 12 year with an 87% average. Scott then went on to fund his university education by owning and operating a student painting company, employing 12 other students. After graduating Scott took a position with the Boys & Girls Club in Ottawa. The club was in a sorry financial state and the buildings all needed significant maintenance. Scott introduced the tagline “giving kids a chance to believe and achieve”, as learned from his coach. The club started to prosper and with the growing success it became easier to raise funds to expand the programs and give more kids a chance to believe in themselves. And back to the watch, the 25 million dollar one, which we now find out was given to Scott by his coach. Yeah, the coach that gave Scott the belief in himself to achieve. The same coach that inspired Scott to pass on the message through the Boys & Girls Club to thousands of kids.....to believe in themselves. So the 25 million represents the additional funds that Scott believes he raised in his tenure leading the Boys & Girls Club in Ottawa, all because he was given the chance to believe.



...Apparently, we are still in need of a President Elect..

Scott also made reference to the “multiplier affect” that occurs when kids have hope and believe. They then pass it on to their friends. Scott suggested that Rotary has the same “multiplier affect” through our service work in the community, both locally and internationally. Great talk, Scott.

Donna Allen advised that the kickoff for Hamperville is scheduled for today @ 1:00 pm. Our Christmas Auction is scheduled for December 10/14. Bring friends, family and fellow workers, as well as your cheque book. Donna also told the club that the Create a Smile Program is moving forward and there is big demand in the south end schools.

Dawne Anderson confirmed that the Salvation Army has 27 kettle locations throughout Nanaimo and she is looking for volunteers to staff them. The goal for this year’s kettle drive is to raise \$200,000.

Doug Lum is looking for volunteers for the Groveland Park playground with construction beginning this Saturday @ 8:00 am.

Birthday and Anniversaries

Ev Boegh, formerly Mudryk, now invisible or at least to our Prez.

Sergeant –at-Arms

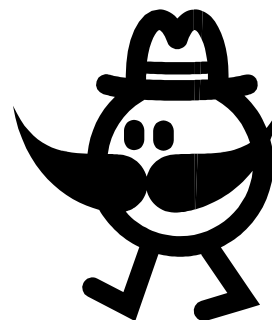
Dave tagged President Don for suggesting Ev was not present to receive our birthday wishes....see above. Mr B. was then reprimanded for carrying a lethal pointy thing on his misplaced key chain surreptitiously transferred to the possession of the SOA. Patrick then contributed to the club coffers with a boasting buck, informing the meeting of his daughter’s successful election to city council in North Cowichan. San then tossed in a looney to draw attention to his Movember stache in hopes that we support his fundraising efforts for the cause.

Don then gloated that running the 1500 meters in less than 4 minutes is no big deal cuz everytime he runs its always for less than 4 minutes. Really?????????



...Because it’s Movember, those with staches posed for a Rogues’ Gallery photo.

Ok, Don. On that positive note, we recited the Four Way Test.



Have a Great Week!