



*Club Duties*

**If you are unable to fulfill your duty, PLEASE FIND A REPLACEMENT, then let the meeting chair know.**

**June 19th, 2013**

**Front Door Greeters:**

Karin Mattern & Ev Mudryk

**Invocation:**

Bob Wall

**Introductions:**

Ron Blank

**Rotary Minute:**

Michael Leduc

**50/50:**

Randall Taylor

**Sgt @ Arms:**

Kris Rongve

**June 26th, 2013**

**Front Door Greeters:**

Leanna Plug & Terry Rogers

**Invocation:**

Donna Allen

**Introductions:**

Jeff Boegel

**Rotary Minute:**

Doug Lum

**50/50:**

Randall Taylor

**Sgt @ Arms:**

Neil Sorsdahl

**July 3rd, 2013**

**Front Door Greeters:**

Kris Rongve & Darryl Shaw

**Invocation:**

Nelson Allen

**Introductions:**

Don Bonner

**Rotary Minute:**

Patrick Maguire

**50/50:**

Dawne Anderson

**Sgt @ Arms:**

Dave Thompson

# Weekly Wake-up

## Upcoming Programs

June 19 Club Assembly  
June 26 Linda Whitehead - Canadian Wheelchair Foundation  
July 3 TBA

## NOTICES & NEWS

### *Daybreak Rotary's new Executive for 2013-2014...*



### *Request from membership...*

There has been a request to make our club fragrance free, a practice becoming more and more common at public venues. This means wearing no perfume or cologne at club functions, as fragrances irritate allergies. This certainly seems "fair to all concerned", does it not?

### *Club Correspondence...*

Check out the link below for the latest in correspondence to the Club from various sources:  
[http://www.daybreakrotary.ca/index.php?p=2\\_8](http://www.daybreakrotary.ca/index.php?p=2_8)

**Please send content and photos for the Weekly Wake-up to [robbmowbray@telus.net](mailto:robbmowbray@telus.net)**

### *Club Birthdays*

No Birthdays this week.

### *Club Anniversaries*

June 21 Ken & Brenda Hammer

*We gratefully acknowledge the financial support of the province of British Columbia*

P.O. Box 37051, #38 - 3200 Island Hwy, Nanaimo, BC Canada, V9T 6N4 / Phone 250-741-9333  
Rotary District 5020 / Club # 31160

*Meeting Notes - June 12th*

*notes by Terry Rogers photos by Donna Allen*

Meeting chaired by Denise Larson.  
Rod Mont led us in O Canada.

**Greeters**

Patrick and San

**Guests**

Samuel from Ghana, Josephine Gee from Indonesia, Fern our Rotary Exchange student from Thailand, Najeet and Clayton Cameron, both VIU Accounting students.

**Rotary Minute**

Daryl Knievel advised that he is in Rotary because of the members in our club. He enjoys coming to Wednesday morning meetings to hang out with his fellow Rotarians. Daryl indicated that he is proud of our work both internationally and in our community. Daryl then proceeded to thank us for his Rotary Moment. Not a dry eye in the house.

Samuel from Ghana thanked our club for our assistance in starting their Rotary Club in Sunyani, Ghana. Samuel advised that Rotary has improved the lives of people in his country. He cited various projects including: Installation of fresh water piping to a village: building a school wall and fundraising for the purchase of school books. He indicated that the tribal chiefs in his country, who do not support many organizations, do embrace Rotary. Samuel advised that on July 1 he starts his term as Assistant Governor in his Rotary District. He gave our members an open invitation to come visit Ghana and he even suggested that he could arrange an opportunity to pet an elephant. Hey, I'm in!!!!

Fern advised that she arrived from Thailand in September as a Rotary Scholarship Exchange student. When she arrived she knew very little English. She is currently in grade 11 @ Dover Bay High school and she has really enjoyed her stay and is not anxious to leave for home.

**Classification Talk-Leanna Plug**

Leanna was born in 1981 in Calgary and grew up in a family of five. As a child, she enjoyed reading and was not too athletically inclined. Although, she did play softball, but quit when she realized she played a whole season without swinging the bat once. She then tried ballet, but realized that this was not her chosen activity when her own mother told her she was not good at it. This is when Leanna took up walking for her physical activity and she seems to have found her calling.

Leanna graduated from high school with a bilingual degree in French. She then attended the University of Calgary and received a BSc in Zoology in 2003. She then decided to take a year off which turned into five. She worked fifty hours a week at a call centre and a Co-op store. Her day started @ 5:00 am, picking orders for delivery at the Co-op. She then finished her day working @ the call centre dealing with irate people having their power cut-off. She learned her conflict management skills here.

Leanna's interest in optometry started when her father had an eye problem. Although he was reluctant to see an optometrist, they convinced him to go in on a Saturday.

*...continued on next page/*

*Rotary Club Meetings*

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.



*Rod led O Canada...*



*...Daryl Rotary Minuted...*



*Classification Talker, Leanna & Pres Denise...*

*Rotary Contacts*

- Club President:**  
Denise Larson
- Past President:**  
Bill Brendon
- Vice President:**  
Chris Everett
- Club Secretary:**  
Neil Sorsdahl
- Club Treasurer:**  
Anna Jones
- Club President Elect:**  
Randall Taylor
  
- International Service Director:**  
Francine Frisson
- Community Service Director:**  
Darryl Shaw
- Vocational Service Director:**  
Doug Lum
- Club Service Director:**  
Donna Allen
  
- Bulletin Editor:**  
Robb Mowbray
  
- Assistant Governor Area 2B:**  
Barry Sparkes
- District Governor 2012-2013:**  
Judy Byron
- RI President 2012-13:**  
Sakuji Tanaka

*Make-ups*

To ensure that your make-up info is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Membership Chair, Denise Davidson at [ddavidson@islandadjusters.com](mailto:ddavidson@islandadjusters.com)

*Four Way Test*

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



Their regular optometrist was away, so they went to another optometrist office and, after a two hour wait, they were able to get her father's eyes examined. Although the optometrist could not see a problem, she referred him to an ophthalmologist for a further exam that Monday. It was determined that he had a retinal tear and he had to take five weeks off after the surgery. Leanna was so impressed with the service provided by the optometrist, even giving her cell no. out, should there be any problems in the evening or weekend. Leanna took a job with the Optometrist answering phones and fitting glasses. She stayed there for a year and then joined a larger practice for three years, fitting both regular glasses as well as progressive lenses. Leanna developed a reputation as "the go-to girl" when the Dr's prescriptions were not working. She has gained experience at every level of the practice and learned very early that her goal was to keep eyes healthy.

Leanna obtained her Optometry degree from Pacific University in Oregon. It was a four year program and, in the fourth year, she had four three-month internships. The first internship was in Lexington, Kentucky. The second was back in Oregon. The third and most memorable was in Bethel, Alaska, which was used as a base to service several remote fishing villages. They would fly-in with their own equipment and, quite often, the temperature, with the wind chill, would drop to -50 c. On one trip they got caught in a blizzard and couldn't get out for 48 hours. They had no running water so they had to get creative on their latrine etiquette.

Leanna said that she made some lifelong friends in Alaska.

The last rotation was in Vancouver and, after completion, she and her husband decided they wanted to stay on the west coast. Leanna advised that, upon getting married, she went to Oregon to school and her husband went to UBC in Engineering and only recently have they been reunited.

Leanna ended up coming to Nanaimo when neighbours in Calgary decided they wanted to retire in Nanaimo. He is a Canada Post employee and was able to get transferred to Nanaimo. His wife found employment with Paul Geneau, a Rotarian and Optometrist and she advised Leanna that Paul was looking to hire a new Optometrist. Leanna applied and was successful in getting the position. Paul was then instrumental in finding an engineering position for her husband.

And Leanna really, really, really loves her job!!!!!!! We can thank Kris Rongve for introducing Leanna to our club.

Najeet and Cameron from the VIU Accounting program advised that they are looking to partner with Rotary and have invited our club to the 7<sup>th</sup> Annual Vancouver Island Leadership Conference to be held October 25-26, 2013 @ VIU. It features inspirational speakers, interactive workshops and social networking opportunities.

Ron Blank was flaunting some swag from the P.A.R.T.Y. program and confirmed our ongoing commitment to the program. He advised the five stations of the program include: (1) Trauma, (2) RCMP and video, (3) Rehab, championed by our club, (4) the Morgue, and finally (5) paramedic station. Ron advised that there were no alcohol related incidents last grad year so the message must be sinking in.

### **Birthdays and Anniversaries**

Karin and Sher were the recipients of a boisterous but slightly off-key rendition of Happy Birthday.

### **50/50 Draw**

Dawne Anderson advised that \$70 was in the pot in this new version of the game. A ten of spades was pulled with no winner.

### **Sgt @ Arms**

Robb Mowbray, in an effort to get our guard down, gave two tickets to our installation away gratis to Denise Larson. He then fined Chris Everett for his chatty exuberance and then we ducked and weaved until happy bucks controlled the tenor of the meeting.

We then recited the Four Way Test and off to work we go, or golf if you're a retired military guy.



*...(far left) Samuel from Ghana was a guest...*

*...(left) so were Cameron & Najeet from VIU Accounting Dept...*

*...(right) so was Fern from Thailand, an exchange student this year.*



**Check out the Installation photos on the next page/...**

# Installation 2013 photos



**ROTARY DAYBREAK  
UPCOMING BINGO COMMITMENTS 2013**

- Monday, July 15    11am-1pm    Terry Rogers & Christine Craigie
- Saturday, Aug 24    11am-1pm    Leanna Plug & Kris Rongve
- October 3 - Thursday 11am - 1pm    Ron Blank and Dave Thompson
- November 16 - Saturday 11am - 1pm    Kris Rongve and Sher H
- December 22 - Sunday 11am - 1pm    Robb Mowbray and Anna Jones

**Have A Great Week!**