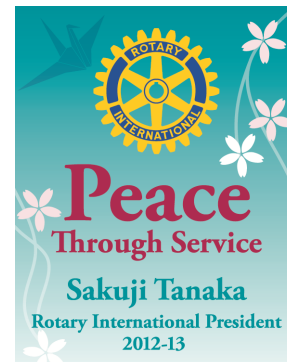


# Rotary Club of Nanaimo **DAYBREAK**

SERVICE ABOVE SELF

Newsletter Date:  
**August 22nd, 2012**

Volume 17 Issue 8



## Club Duties

If you are unable to fulfill your duty,  
PLEASE FIND A REPLACEMENT,  
then let the meeting chair know.

**August 22nd, 2012**

### Front Door Greeters:

Nelson Allen & Dawne Anderson

### Invocation:

Rod Mont

### Introductions:

Bob Wall

### Rotary Minute:

Bill Brendon

### 50/50:

Randall Taylor

### Sgt @ Arms:

Don Bonner

**August 29th, 2012**

### Front Door Greeters:

Ron Blank & Jeff Boegel

### Invocation:

Ev Mudryk

### Introductions:

Donna Allen

### Rotary Minute:

Christine Craigie

### 50/50:

Darryl Shaw

### Sgt @ Arms:

Kris Rongve

**September 5th, 2012**

### Front Door Greeters:

Don Bonner & Bill Brendon

### Invocation:

Anna Jones

### Introductions:

Nelson Allen

### Rotary Minute:

Chris Everett

### 50/50:

Darryl Shaw

### Sgt @ Arms:

Neil Sorsdahl

# Weekly Wake-up

## Upcoming Programs

August 22nd - Club Assembly Business Meeting

August 29th - Ken Hammer, Rotary: Making a World of Difference

September 5th - TBA

## NOTICES & NEWS

### *Speakers Needed for September!!!...*

Rod Mont is looking for guest speakers for September's meetings. If anyone has any suggestions for the program, please email Rod at [mont@islandlaw.ca](mailto:mont@islandlaw.ca).

### *Parking at Origins...*

As briefed by the President at last Wednesday's meeting and agreed with by those in attendance, we will be reserving the 3 parking spots in the upper parking lot as follows:

One space for our guest speaker (Rod will brief the speaker) and the Sgt-at-Arms will put out a cone (provided by Doug Lum) to ensure the speaker has a spot. The second spot will be for the front of the house rep (person collecting money) and the third spot will be for Madame President (until she recovers from her knee surgery). Your support in this regard is appreciated.

### *Club Correspondence...*

Check out the link below for the latest in correspondence to the Club from various sources:

[http://www.daybreakrotary.ca/index.php?p=2\\_8](http://www.daybreakrotary.ca/index.php?p=2_8)

### *District 5020 newsletter now online...*

Go to <http://docs.rotary5020.org/newsletter1/2011-12/2012-06.pdf>

**Please send content and photos for the Weekly Wake-up to [robbmowbray@telus.net](mailto:robbmowbray@telus.net)**

### *Club Birthdays*

No Birthdays this week.

### *Club Anniversaries*

No Anniversaries this week.

*We acknowledge the financial support of the province of British Columbia*

P.O. Box 37051, #38 - 3200 Island Highway, Nanaimo, BC Canada, V9T 6N4 / Phone 250-741-9333  
Rotary District 5020 / Club # 31160

*Meeting Notes - August 15th*

*notes by Ron Blank, photos by Nobody :)*

Well into August, and life ticks onward. ? Who were the greeters? (Donna & Cindy were listed.) Was Nathan at the cash box? I remember President Denise Larson needed to be louder, and taller, to command the rowdies to listen. Then again, she's now one year older, and wiser! HBTY!

Rod Mont brought us around with music to soothe the savages and we accomplished our Anthem. Was Karin Mattern there to do Invocation? Hah! Nathan did the intro's, I think.

Denise Davidson Sergeanted us to brekkie, guests went first. But was that belligerently, or with a great degree of difficulty, recognizing we really did have a guest, managed to send the larger table, thirdly. (You know, Sher Holubowich really is a woman!)

After our repast, Don Bonner provided a show and tell for a Rotary Moment. To wit: a Paul Harris Fellow (PHF) badge and pin from antiquities, but it was for a women, therefore 'different.' In fact, before 1989, women could not be Rotarians, but could receive a PHF, hence the difference. Before the US Supreme Court mandated Rotary International to allow women, they/we made the decision to accept women as Rotarians. (When Daybreak was chartered in January 1996, our membership was nearly gender neutral.)

Now it gets fuzzy! I do know Eileen Tatton was our speaker for this morning. My notes didn't say that, my memory did. (aka, I lost my ruddy notes!)

Eileen spoke on details of her profession. Who knew Eileen was an Esthetician? Most of us did. Nails are easily cared for, if you know what you are doing. Eileen really likes the idea of painted nails, with lots of detail, in preference to glued on nails. Those nails don't allow your regular nails to grow naturally.

Who knew she was trained in foot massage? She was trained at VIU. Did you know that feet may well indicate your physical and mental health? Certain aspects, and reactions to foot massage can reveal your health.

Good foot care and hygiene is also very important. Lately, the word seems to be out that she does quality footwork for a reasonable price. (\$10 versus \$45 for a podiatrist) Eileen shared that she has a mixed client base, and won't refuse those who cannot pay. Street people have discovered her caring ways. She said, "these people have no transportation, feet are their primary mode of getting from A to B." Feet are really important to them. Considering their ability to pay, Eileen often won't charge them. Otherwise, for seniors, "it's a buck a toe." And the good news, she said, "if you lose a toe, the cost goes down to \$9 bucks." She uses a Dremel to trim your nails, and you also go home with her single use nail file.

So, rust sets in, and can't remember what happened next. Do remember someone saying "Eileen's work with people in need reflects the true spirit of Rotary!" We all agreed with that. Thank-you Eileen for sharing some of what makes you "you."

That being the best of my memory, Toast to Rotary.

*Rotary Club Meetings*

- Monday – Parksville, Bayside Inn, Noon
- Tuesday – Nanaimo North, Frith-Radcliffe Auditorium, Kiwanis Village, 6:15 p.m.
- Wednesday – Nanaimo Oceanside, 3rd Street Fieldhouse, 5 p.m.
- Thursday – Lantzville – ABC Restaurant on Mary Ellen Drive, 7 a.m.
- Friday – Nanaimo – Coast Bastion Inn, 12:15 p.m.

*Rotary Contacts*

- Club President:**  
Denise Larson
- Past President:**  
Bill Brendon
- Vice President:**  
Chris Everett
- Club Secretary:**  
Neil Sorsdahl
- Club Treasurer:**  
Anna Owens
- Club President Elect:**  
Randall Taylor
  
- International Service Director:**  
Francine Frisson
- Community Service Director:**  
Darryl Shaw
- Vocational Service Director:**  
Doug Lum
- Club Service Director:**  
Donna Allen
  
- Bulletin Editor:**  
Robb Mowbray
  
- Assistant Governor Area 2B:**  
Barry Sparkes
- District Governor 2012-2013:**  
Judy Byron
- RI President 2012-13:**  
Sakuji Tanaka

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*Make-ups*

To ensure that your make-up information is properly recorded, send any info on extra meetings attended, extra committee work, service projects, online work, etc. to Membership Chair, Rod Mont at [mont@islandlaw.ca](mailto:mont@islandlaw.ca).

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*Four Way Test*

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

**ROTARY DAYBREAK  
UPCOMING BINGO COMMITMENTS 2012**

Sat, August 25 11am – 1 pm  
Anna Owens Ken Hammer

Wed, Oct 3 11am – 1pm  
Chris Everett Doug Lum



**Have A Great Week!**

